

Resources for Students to Address Discrimination, Harassment and Mental Health Concerns

Staff in the following offices work within the Yale community to promote respect, inclusivity, diversity, and equal opportunity, and are available to talk through situations you have witnessed or experienced, as well as provide guidance. When you have concerns or questions, you have a wide range of choices for support. You can reach out to a dean's designee or can talk with others, such as your residential college dean, dean of student affairs, or the [Office for Institutional Equity and Access](#). If you'd like to talk with someone about sexual misconduct or gender discrimination, you should reach out directly to the Title IX Coordinator of your school or the [Title IX office](#). The [Sexual Misconduct Response & Prevention website](#) is a helpful resource for additional questions or concerns about sexual misconduct. Concerns brought to university chaplains in their professional roles or to the SHARE Center will remain strictly confidential, except in rare, extreme circumstances. Other administrators will maintain the confidentiality of student complaints as much as possible consistent with the nature of the concerns and your goals in the process.

[Deans' Designees](#)

[Deans' Designees](#) have been identified by Yale College and the dean of each school as community members with the responsibility to receive student concerns and offer advice and guidance related to diversity and inclusion, discrimination and harassment, and equal opportunity. Deans' Designees may also help you facilitate informal resolution.

[Office of Institutional Equity and Access](#)

Staff in the [Office of Institutional Equity and Access](#) are trained professionals ready to discuss any incident or concern regarding equal opportunity, racial or sexual harassment, race, religion, sex, age, national origin, disability, sexual orientation, or gender identity and expression. Members of the office can explain your options for handling an incident and help you navigate informal and formal options for reporting and resolving an act of discrimination.

You may contact [Valarie Stanley](#) in the Office of Institutional Equity and Access for more information.

[Mental Health and Counseling Assistance](#)

Yale Health Mental Health & Counseling provides free, confidential mental health treatment to members of the Yale student community. We offer a wide range of services including individual therapy, group therapy, and medication consultations and management. On-call Mental Health Clinicians are available 24/7 to assist in emergency situations or students can reach out to the main counseling line to schedule an appointment.

[SHARE Center](#)

SHARE Center staff are trained mental health professionals who can help students and other members of the Yale community deal with concerns related to sexual misconduct or other interpersonal conflicts/problems. SHARE Center staff can talk with you over the phone or in person at any time of day or night. Consultations are confidential and can also be made anonymously if you wish. SHARE Center counselors can help you process your experiences, navigate options for filing complaints or charges, and ensure that you receive care and support.

[University-Wide Committee on Sexual Misconduct](#)

The [University-Wide Committee on Sexual Misconduct](#) is the internal disciplinary board which addresses allegations of sexual misconduct of every kind. It is available to students, faculty and staff, as described in the UWC procedures. The

committee consists of approximately forty students, faculty, and administrative members drawn from throughout the university.

[Title IX Coordinators](#)

Title IX Coordinators are administrators or faculty members who are knowledgeable about, and can provide information on, all options for complaint resolution regarding sexual misconduct and sex-based discrimination. Additional information about Yale's policies, procedures and resources to address sexual misconduct is provided in this [digital booklet](#).

[Chaplain's Office](#)

Chaplains at the Yale University Chaplain's Office are a resource for undergraduate, graduate and professional students regardless of religious or spiritual denomination. Chaplains are available to support you in all aspects of your life. There is always a Chaplain available to talk with about impactful life events and concerns, including those about discrimination, harassment, and sexual misconduct.

[Office for Graduate Student Development and Diversity](#)

OGSDD staff and fellows build a supportive community for graduate students from underrepresented backgrounds. In addition to helping you with your academic pursuits, the OGSDD director and fellows can meet with you to address any concern you might have about life at Yale. The Director often meets with students individually to listen and help address concerns. Diversity Fellows serve as peer advisors for students to help them navigate any challenges they experience as well as answer questions and direct them to additional resources.

[Office of LGBTQ Resources](#)

Staff in the Office of LGBTQ Resources support the lesbian, gay, bisexual, transgender, and queer, questioning, and allied community at Yale through a variety of programs and services. Staff in the office are available for one-on-one meetings to discuss ideas, concerns, or any aspect of life at Yale, including discrimination, harassment, and sexual misconduct. Contact the office for an appointment or drop by during scheduled office hours.

[View scheduled office hours.](#)

[Yale Cultural Centers](#)

The Cultural Centers at Yale foster a sense of cultural identity and educate people in the larger community. They also act as optional social centers and community bases for students of a variety of ethnic and cultural backgrounds, supplementing the social environment of the larger, pluralistic Yale College community. The cultural centers provide access to resources that may help navigate the wealth of support programming and initiatives Yale has to offer. These resources include the [Intercultural Affairs Council](#) and [Peer Liaisons](#).

Afro-American Cultural Center (Af-Am)

[Contact Rise Nelson, Director.](#)

[Learn more about the Afro-American Cultural Center.](#)

Asian American Cultural Center (AACC)

[Contact Joliana Yee, Director.](#)

[Learn more about the Asian American Cultural Center.](#)

La Casa Cultural, Latino Cultural Center

[Contact Eileen Galvez, Director.](#)

[Learn more about La Casa Cultural.](#)

Native American Cultural Center (NACC)

[Contact Matthew Makomenaw, Director.](#)

[Learn more about the Native American Cultural Center.](#)

Need help now?

Yale Police

[203-432-4400](#) or [911](#) (emergencies)

SHARE Center Hotline (24/7)

[203-432-2000](#)

Mental Health & Counseling

(M-F, 8:30 a.m. to 5:00 p.m.)

[203-432-0290](#)

On-call Mental Health Clinician

(after office hours, on weekends, or on holidays)

Yale Health Acute Care

[203-432-0123](#)